



University of
KURDISTAN
Hewlêr



Emergency Basic Life Support & First Aid Training **EBLS - FAT**

Course Description



Our Emergency Basic Life Support (EBLS) course provides health care professionals and other personnel who need to know how to perform BLS with the knowledge and skills necessary to respond to breathing and cardiac emergencies in patients. First Aid teaches them to recognize and care for a variety of first aid emergencies such as external bleedings, burns, snake bites, fainting, fractures, convulsions, as well as initiating resuscitation and stabilization until further advance intervention is available.



Course Objectives:

This course aims to develop the knowledge and skills to:

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- Deliver a high-quality CPR for a person that has gone into cardiac arrest or is not breathing, such as chest compressions and rescue breathing.
- Respond to emergencies like heart attack, drowning, poisoning, broken bones, and trauma.

Course Outcomes:

At the end of the course, the participants should be able to:

- Deal with cases which suddenly deteriorate and decrease the rates of mistakes during future practical life.
- Stay up-to-date with the latest changes and advances in patient care, which could help save a life.

Who should Attend?

This course is suited for:

- Anyone who wants to benefit from taking a First Aid Training Course, but this type of training is needed for most first responders.
- Professionals from any industry sector who are required to take first aid certification or CPR training card by their employer.
- Individuals who need to renew their certification (every two years).
- Individuals whose employer requires them to have their First Aid Training Course certificate up to date before they hire them.

Training Strategies:

The following training strategies will be adopted for this course:

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- Expose the students to a maximum number of practical skills and case scenarios during the session.
- Candidates will be continuously assessed based on their performance in clinical simulations and be expected to show competency in the core skills of the course.

Trainer Biography



Solin Kawa Kamal, specialist in Emergency Medicine at West Emergency Hospital, works as Adjunct Faculty at the School of Medicine at the University of Kurdistan Hewlêr. He holds a FKBMS E.M., a Bachelor of Medicine and a Bachelor of Surgery. Solin holds several awards and honors from the Kurdistan Society of Emergency Medicine.

Course Delivery Plan:

Training Duration	Number of Weeks	Number of Days/Weeks	Number of Hours/Days
8 Hours	-- Weeks	2 Days	4 Hours per day

Morning from **8:30 AM. - 10:30 PM.**

This EBLS-FAT course can be delivered upon request at afternoon and evening time.

Language: English, Kurdish, Arabic.

Where is the course held? Erbil, UKH - Medicine School premises.

Certification: Receive a training certificate from UKH Medicine school- PEEC Education Centre co-branded with Council of Ministers-Ministry of Health (MoH) and Kurdistan Society of Emergency Medicine -Supreme Council (KSEM).

AGENDA PLAN

Course Topic	Timing
Day 1 (4 hours)	
Registration	8:30 a.m. -9:00 a.m.
Introduction	9:00 a.m. 9:30- a.m.
Airway adjunct maneuver	9:30 a.m. 10:00- a.m.
Practical session - Airway adjunct maneuver	10:00 a.m. -10:30 a.m.
Coffee break	10:30 a.m.-10:45 a.m.
Adult Cardiac arrest	10:45 a.m.-11:30 a.m.
Coffee break	11:30 a.m.-11.45 a.m.
Pediatric cardiac arrest	11:45 a.m.-12.20 a.m.
Open discussion	12:20 a.m.-12.30 a.m.
Day 2 (4 hours)	
Registration	8:30 a.m.-9:00 a.m.

Coffee break	10:30 a.m.-10:45 a.m.
Adult Cardiac arrest	10:45 a.m.11:30- a.m.
Coffee break	11:30 a.m.11.45- a.m.
Pediatric cardiac arrest	11:45 a.m.12.20- a.m.

Day 2 (4 hours)	
Registration	8:30 a.m. -9:00 a.m.
External Bleeding	8:30 a.m.9:00- a.m.
Fracture of extremities	9:00 a.m.9:30- a.m.
Fainting	9:30 a.m.10:00- a.m.
Coffee break	-10:00 a.m10:30- a.m.
Convulsion	10:30 a.m.10:45- a.m.
Snake bite	10:45 a.m.11:00- a.m.
Chocking	11:00 a.m.11:30- a.m.
open discussion	11:30 a.m.12:00- a.m.
Certification	12:00 a.m. - 12:30 a.m.